Co--Curricular activities, organized between 1st January 2019 to 31st December 2019.

Faculty of the college were promoted to participate in different CME, paper presentation, etc activities to improve themselves and update their knowledge. In this regards following faculty participated in different extracurricular activities as listed below—

FACULTY EDUCATIONAL ACTIVITIES 2019-20

C.M.E.

- 1. **Dr. Amit Chowdhary**, Associate professor, in the department of Panchkarma, attended C.M.E. in 37th National conference on "Mind, Body and Medicine" held at Brahma Kumari Shanti van complex, Abu road, from 08 to 11 Feb 2019, organized by medical wing of Raj yoga Education and Research Foundation, Prajapita Brahma Kumariishwariyavishwavidyalaya and Global Hospital and Research Centre.
- 2. **Dr. Amit Chowdhary**, Associate professor, in the department of Panchkarma attended CME program for teachers on Panchkarma at I.P.G.T. & R.A. Jamnagar from 24th June to 29th June 2019.
- 3. **Dr. Rachna Gupta**, Assistant Professor, in the department of Kriyasharir, attended C.M.E. in 37th National conference on "Mind, Body and Medicine" held at Brahma Kumari Shanti van complex, Abu road, from 08 to 11 Feb 2019, organized by medical wing of Raj yoga Education and Research Foundation, Prajapita Brahma Kumariishwariyavishwavidyalaya and Global Hospital and Research Centre.
- 4. **Dr. Deepak Kumar**, assistant Professor, in the Department of Kaumarbhritya, attended C.M.E. on pharmacovigilance on 3rd may 2019 held at N.I.A.
- 5. **Dr. Deepak Kumar**, assistant Professor, in the Department of Kaumarbhritya, attended the 6 days C.M.E. in kaumarbhritya from 29 April to 4 may 2019 at N.I.A. Jaipur.
- 6. **Dr. Farha Ansari**, Assistant Professor in the Department of Basic Principle, attended <u>C.M.E.</u> on Samhita &Siddhant, organized by Institute for P.G. teaching and research in Ayurveda Jamnagar from 5 to 10 august 2019.

Paper Presentation

Dr. Tanu, Assistant Professor in the Department of Prasuti-Stri Rog, presented paper in a conference on "The Concept of Public health in Ayurveda" on 24 February, 2019 at Bareilly, organized by All India Ayurvedic Specialist (PG) Association. She also participated as Conference Treasurer.

Guest Lecture

- 1- **Dr. Rishabh Jain**, Professor in the Department of Basic Principle, delivered a guest lecture in National conference "AUGUST CON-19" at Pune, organized by Nanal Ayurveda Research Foundation on" Liver Disorders with special reference to Hepatits B".
- 2- **Dr Deepak Kumar**, Assistant Professor, In the Department of Kaumarbhritya, delivered a lecture as key note speaker on "Concept of Public Health in Ayurveda on 24 Feb. in 2019 at Bareilly.
- 3- **Dr. B.M. Tripathi**, Assistant Professor, in the department of Dravyaguna, delivered Guest lecture on Applied aspect of charak Samhita dated 01.06.2019, organized by Nirog Street, New Delhi

Guest Speaker

Dr. B. M. Tripathi, Assistant Professor, Dravyaguna Departmeent, Delivered a guest lecture on "Cannabis" – Hope for future pain management dated 10.08.2019, organized by Nirog Street, New Delhi.

Workshop

Dr. B. M. Tripathi, Assistant Professor, Dravyaguna Department Attended workshop on panchbhutikchikitsa, organized by Nasyaon 21 to 22 September 2019.

Others

- Dr. B. M. Tripathi, Assistant Professor, Dravyaguna Department, Participated as escort of students in the national seminar "AUGUSTCON-2019", organized by Nanal Foundation Pune from 3rd and 4th August 2019.
- 2. **Dr. Vivek Thakur** Assistant Professor, in the Department of RasShashtra, participated in 2nd residential course on phyto pharmaceuticals and herbal drugs monograph drafting, verification and validation organized by phyto pharmaceutical division Indian pharmacopoeia commission, ministry of health and family welfare, Govt. of India New Delhi, from 22nd to 26th April 2019 at Indian pharmacopoeia commission, Ghaziabad India.

AWARDS

Dr Deepak Kumar, Assistant Professor, in the Department of Kaumarbhritya, was awarded for EXCELLENCE IN BAL ROG PRACTICE & TEACHING" by all India Ayurvedic Specialist(PG) association on 24 February, 2019.

Dr B.M. Tripathi, Assistant Professor, Department of Dravyaguna,.

was awarded by Nirog street, "CHARAK AWARD" in OJA festival-10 August 2019, at New Delhi.

Department Academic Activity

Each department is running academic activities like Quiz Competition, seminar, Declamation, group discussion etc. among the students of different years. under supervision of Education committee of the college; as summarized below---

S.no.	Date	Department	Activity	Topic
1	04-04-2019	Rog Nidan	Seminar	Importance of PanchNidan
2	09-05-2019	Rog Nidan	Seminar	Sterilization

3	11-05-2019	Ras Shastra	Seminar	Introduction to Ras Shastra
4	14-05-2019	Shalakya Tantra Deptt.	Seminar	Migraine
5	16-05-2019	K.C	Seminar	Hypertension
6	20-05-2019	SharirKriya	Quiz competition	Dosha, Dhatu
7	24-05-2019	Agad Tantra	Human Organ Transplantation	Seminar
8	25-05-2019	SharirKriya	Quiz Competition	Sharir
9	25-05-2019	RachnaSharir	Quiz	RachnaSharir
10	17-08-2019	RSBK	Seminar	KupipakvaRasayana
11	22-08-2019	Basic Principle	Seminar	Concept of kala
12	29-08-2019	DravyaGuna	Seminar	Importance of Nama RoopGyanam
13	16-09-2019	Panchkarma	Seminar	Introduction and Importance of Panchkarma
14	25-09-2019	Agadtantra	Seminar	Mercury poisoning

OTHER EXTRA CURRICULAR ACTIVITIES-2018-19

- 1- On 29th October 2019, Yoga camp was organised in primary school, village BeldiSalhapur. A lecture on Benefits of yoga and their importance in daily life was delivered to the School Teachers and students. Practical demonstration was also performed.
- 2- On 26th January 2019, Republic day was celebrated. On the occasion, a tribute to Indian Martyr "Sh. Hamir Singh Pokhariyal "in the form of financial aid (cheque of Rs. 30000/-) by Hon'ble management, faculty and students.
- 3- On 28th March 2019 a Conference on "Research Review" was organised at Patanjali Research Institute, Haridwar. Two faculty DrKamleshwar Singh, Associate professor, -Rog Nidan Department and Dr B.M. Tripathi- Assistant Professor in Dravyaguna department attended conference along with 134 Student of the college.
- 4- On 16 April 2019, Free Blood Donation Camp was organised by Panchkarma department of the college under collaboration of Mother teresa Blood Bank, Roorkee. Total 105 doners donated blood.
- 5- on 26th April 2019, farewell party was arranged by BAMS students of 2015 Session to 1st batch 2014 students. Hon'ble management, principal Dr Pradeep Kumar and all faculty were present. on the occasion.
- 6- On 27th April 2019, ShishyopanayanSanskaar of Batch 2018-23 followed by their fresher's hosted by Batch 2018.
- 7- On 21st June 2019, Yoga Day was celebrated. on the occasion, students, faculty and other staff performed different yogas. On the occasion, a lecture on "importance of Yoga "was delivered by Dr. saurabh Kumar.
- 8- From 24 to 30 July free health check-up medical camp was organised by the institute on the occasion of KanwarMela. On the occasion, free medicines were also distributed.
- 9- On 14 August 2019, Tree plantation activity was organised in the college premises.
- 10- Between 14 August 2019 to 25 August 2019, 50 medicinal Trees Were Planted in different villages.
- 11- On 15 August 2019, Independence day was celebrated followed by Flag hosting.
- 12- On 5th September 2019, Teachers day was celebrated.
- 13- 07 Medical camps were organised in different slum areas of Roorkee.
- 14- 4 villages dadendhi, Beldi, Rehmatpur, and Shankerpuri were adopted after survey based on guideline given by U.A.U..
- 15- Shloka Competition was organised by VishwaAyurvedParishad, Haridwar, at Gurukul Campus, Haridwar on 25th April 2019. Three Student Ritul, Sweety and Govind of BAMS 3rd year participated as team from Quadra Institute of Ayurveda, Roorkee and won the 2nd prize.